

To register

The retreat includes overnight accommodations for two nights, plus six meals and snacks and materials.

We ask for a donation to help cover expenses. However, we want the retreats to be accessible to all, so we ask that you pray about what you can afford and then discuss it with us.

Many people who have been helped by the retreat donate afterward to make it possible for others to attend. We do not want anyone to miss out on the retreat because of funds.

Locations

In South Carolina, retreats are held in Greenville, Rock Hill and Salem. The next retreat is in August 2009, in Greenville.

Get in touch

Visit the Rachel's Vineyard Retreat official website at www.rachelsvineyard.org.

For information about retreats:

Christy, (803) 554-6088

Kathy, (803) 546-6010

Toll-free national hotline, 877-HOPE-4-ME



grace4healing@gmail.com
rachelnetwork@sprynet.com
www.rachelsvineyard.org

What people say

"The retreat was wonderful and insightful. I felt treated with kindness, respect and acceptance."

"It was meaningful for me to share my experience in a warm, safe, loving environment where I didn't feel like I was being judged."

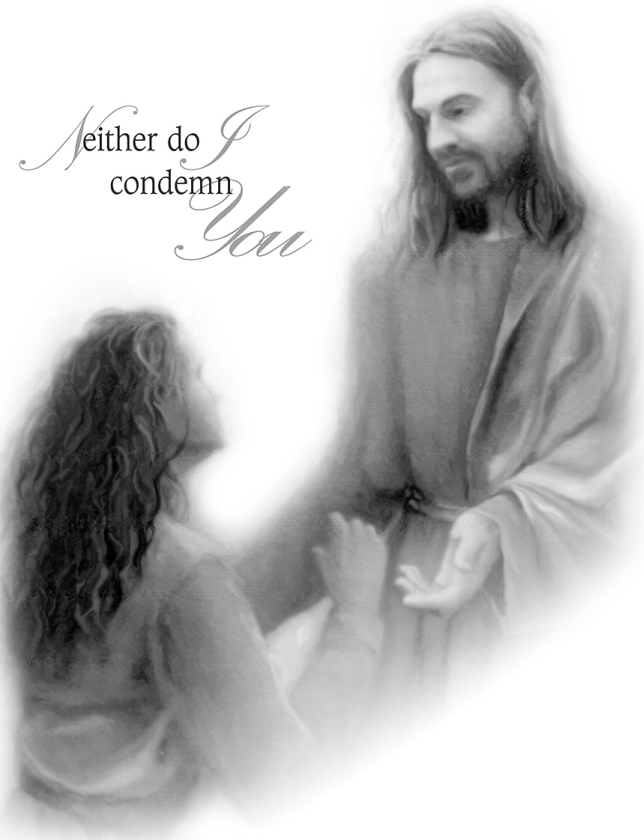
'This retreat touched a part of me that I didn't even realize was there. I feel healed from the inside out.'

"At first, I was not sure what was going to happen but as I listened to others I became more comfortable and was able to begin to share my feelings."

"I highly recommend this process to anyone who has felt the void and shame of an abortion. It is a wonderful way to forgive yourself and find the unconditional love of Christ."

"It is the best thing that ever happened to me."

*If regret over an abortion is part of your life,
you are not alone ...*



Rachel's Vineyard Retreat

A journey of healing after abortion



Office of Family Life
Catholic Diocese of Charleston
South Carolina

About the retreat

The Rachel's Vineyard Retreat is a safe place to renew, rebuild and redeem hearts broken by abortion.

Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

Who May Attend

Anyone who has been affected by abortion is welcome to attend. You may attend alone or with your mother, sister, best friend or spouse. Men and women are welcome individually or together.

Retreat Schedule

Try to arrive by 5:30 p.m. on Friday so you can get settled. The retreat starts at 6 p.m. on Friday evening with a light supper. It concludes between 4-5 p.m. on Sunday. Pre-registration is required.

Confidentiality

The retreat and registration process are completely confidential.

Religious Issues

The retreats are always open to anyone of any denomination. In the Carolinas, many of our retreats are sponsored by the Catholic dioceses of Charlotte, NC, and of Charleston, SC.

When we have Catholic sponsorship, a priest is present during the retreats and for individual confession on Saturday evening. Confession is optional and is for those who want to take the opportunity. Catholic retreats also include Mass during the weekend.

Living Scripture

Our retreats use a process called Living Scripture. We read stories from the Bible about Jesus healing people; we listen to meditations in which we think of ourselves meeting Jesus in the same way as the person in the story. The stories are for all of us, and Jesus wants to meet us and heal us as he did with others long ago.

After each meditation, we do activities to help us reflect on the message of the Gospel story – lighting a candle, or some simple activity that relates to the reading. You are free to pass on activities, but participants normally find them very meaningful. The more you participate, the more you will heal. However, you are always free to pass on anything.

What to Bring

Bring anything you'd like for comfort, whether a special pillow or your favorite tea. When you register, we'll tell you if there is any thing you need for a particular location.

What to Wear

We want you to wear what is comfortable for you on the retreat: whether it is jeans, fleece suits, shorts, flip flops or slippers. Many people do want to bring something a little nicer for the Sunday services.

The Facilities

The weekends are held at beautiful retreat centers across the state presenting an environment of privacy, security and peace. All meals, snacks and beverages are provided during the weekend.

'I felt so safe in sharing my experience and emotions. It was exactly what I needed ...'